



## *Santa Barbara Mountain Bike Trail Volunteers*

Invites you & your daughter or son, niece or nephew, neighbor, friend or younger sister or brother to our:

# **Take a Kid Mountain Biking Day Event**

**When:** Saturday, October 3, 2009

**Where:** Elings Park, Cliff Drive entrance (look for signs on Cliff Drive)  
Once in the Park, follow the signs that direct you to the top of Elings Park

### **Itinerary:**

- **12:00 noon - 12:30pm.** Parents and kids arrive, sign waivers, pickup event package. Minor bike tuning provided. Interpretive volunteer talks about the environment of Elings Park and surrounding area. Questions are welcome.
- **12:30pm - 1:00pm.** Ride leaders give trail safety and etiquette talk. Riders are separated into skill/ability groups.
- **1:00pm - 2:30pm.** Trail ride around the top of Elings Park.
- **2:30pm - 3:00pm.** Participants enjoy drinks and snacks back at gathering site.

### **What to bring:**

- A kid between the ages of 7 to 15
- All riders must wear a helmet! No exceptions for adults or kids
- A bike in working condition with fat tires
- Sunscreen & drinking water
- A spirit of fun and patience so kids can experience nature on a bicycle
- \* Kids are required to have a parent or guardian along for the ride! \*

This is a great opportunity for you to pass your passion for pedaling on to kids. Plan to go mountain biking on the first Saturday in October - and bring a kid along for the ride!

We are currently seeking interested participants (Kids and Adults) as well as volunteers for all aspects of the event including *donations of prizes for the kids.*

For more information please email [johnberberet@hotmail.com](mailto:johnberberet@hotmail.com))

